

## Menu

### Stroud House Sample Menu

Our menu changes each week with the seasons, using the freshest ingredients, alternatives are available if a meal is not to your taste or if you have special dietary requirements.

Sunday	Lunch	Roast lamb and mint sauce with roast/creamed potatoes or sausage dish Apple cake and custard, ice cream or fresh fruit
	Supper	Quiche Lorraine salad with bread and butter Lemon mousse

Monday	Lunch	Shepherds pie with creamed potatoes or poached fish dish Pears and chocolate sauce, ice cream or fresh fruit
	Supper	Sausages rolls with beans Meringue basket with fruit and cream

Tuesday	Lunch	Pork and apple hot-pot with crispy potato slices or chicken dish Jam and coconut sponge and custard, ice-cream or fresh fruit
	Supper	Poached egg with toast or bread and butter Arctic roll

Wednesday	Lunch	Beef bourguignon with creamed potatoes or pasta dish Apple crumble and custard, ice cream or fresh fruit
	Supper	Sausages rolls with beans Ice cream with sauces

Thursday	Lunch	Chicken curry with rice or creamed potatoes or corned beef dish Cherry and almond strudel with cream, ice cream or fresh fruit
	Supper	Fish cakes with bread and butter Banana and custard

Friday	Lunch	Battered/Poached fish with chips or mashed potatoes or jacket potato Chocolate sponge with chocolate custard, ice cream or fresh fruit
	Supper	Cauliflower cheese with bread and butter Pears and cream

Saturday	Lunch	Steak and kidney pie with creamed potatoes Pineapple upside down pudding with custard, ice cream or fresh fruit
	Supper	Prawn cocktail or assorted sandwiches Butterscotch whip