

Activities

Stroud House Sample Activities

There is always lots to do at Stroud House. The following shows a normal week of activities

Monday	10.00am 2.00pm	Arts & Crafts with Ronnie Outing in the minibus
Tuesday	10.30am	Easy Yogacise with Kim
Wednesday	9.00am 2.00pm	Hairdressing with Elaine Bingo with Kim
Thursday	10.30am 2.00pm	Scrabble with Cheryl Mature Movers
Friday	11.00am 2.00pm	Reminiscence Quiz with Kim Outing in the minibus
Saturday	3.30pm 4.00pm	Complimentary drink in the 'Foyer' Movie matinee
Sunday	10.00am	Nail painting and pampering

